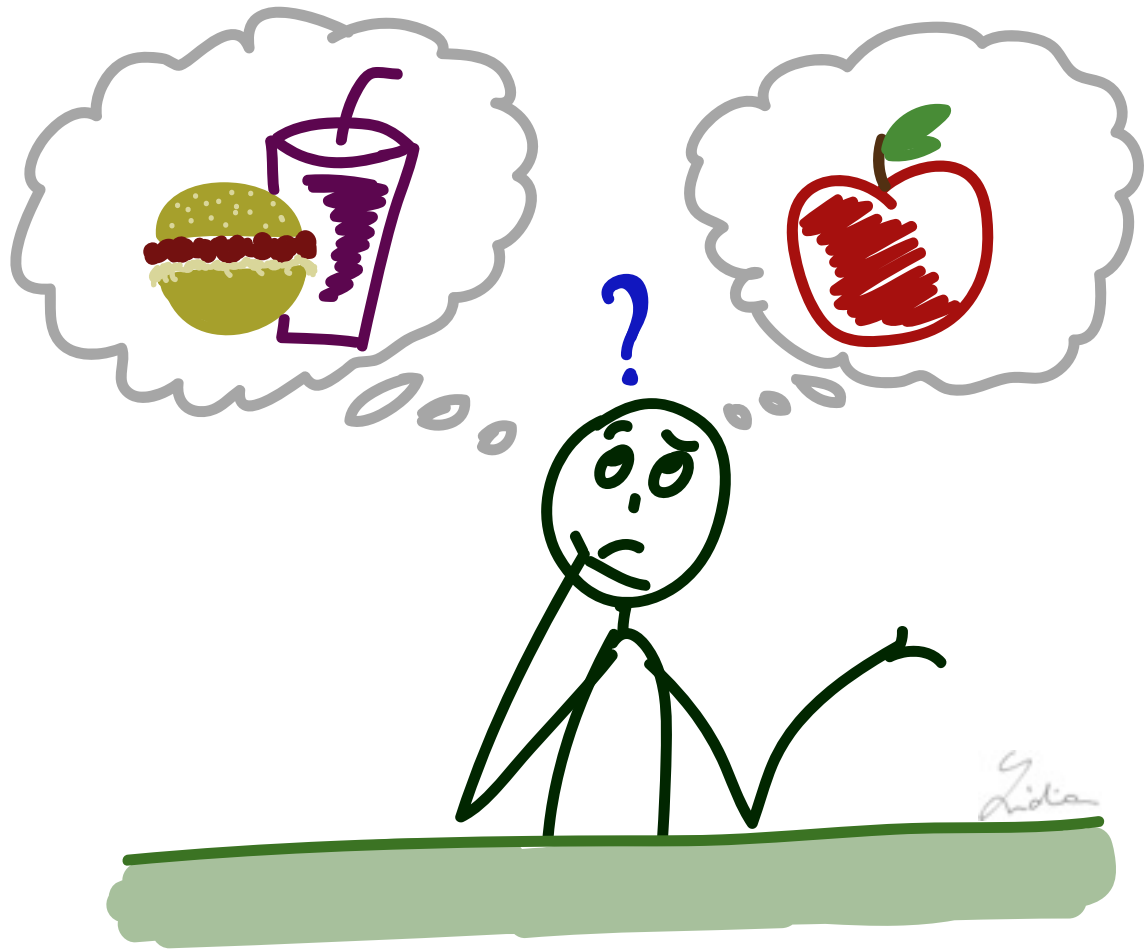




“Let food be thy medicine
and medicine be thy food.”

Hippocrates